

Understanding The Menopause And Hrt Family Doctor Series

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Understanding HRT and menopause | London Gynaecologist ...

Hormone replacement therapy (HRT) is the most effective and widely used treatment for menopausal symptoms. As its name suggests, it is simply a way of replacing the hormone oestrogen that is lost during the menopause. HRT aims to relieve those symptoms related to oestrogen deficiency – such as hot flushes, vaginal dryness, and osteoporosis.

Understanding the menopause | KIMS Hospital

Recognising and Understanding the Menopause [Video] Dr Rebecca Lewis talks with Katie Taylor, founder of Latte Lounge, activist Meg Mathews, and menopause expert Diane Danzebrink about their personal experience of the menopause, common symptoms and how to recognise and obtain a menopause diagnosis.

HRT and Weight Loss - one woman's story | Menopause Doctor

KIMS Hospital already provides a full gynaecology service to women and appointments can be booked for consultation at your convenience via the appointments team. KIMS Hospital also offers a Menopause and HRT Clinic which I will be running in conjunction with support from my colleagues in related specialties.

Understanding the menopause - Benenden Health

Understanding Menopause and HRT What is the Menopause? The Menopause is officially defined as the last day of your last menstrual period, but most people use the word “menopause” when they talk about the symptoms that can occur in the months or years when a woman’s fertility is winding down.

Understanding The Menopause And Hrt | Download eBook pdf ...

Menopausal and postmenopausal women might choose to take hormone (estrogen) replacement-therapy for a number of reasons. Short-term HRT can help relieve discomforts associated with menopause, for example, hot flashes. Longer-term HRT may help ward off osteoporosis and also has been associated with a lower risk of heart disease.

Menopause - NHS

Understanding HRT and menopause. By Tania Adib. Posted February 26, 2019. In Uncategorized. 0. Menopause can be tough. In popular culture, such as sitcoms and television shows, menopausal women are shown as being amusingly overheated and irritable. In these shows, the audience is invited to laugh at – and laugh along with ...

Understanding the Menopause - Menopause Doctor Louise Newson

HRT had a lot of bad press back in 2002 after a major study suggested links with increased risk of breast cancer and stroke. However , updated analysis of the original data and subsequent studies have shown that when an appropriate HRT is used in the correct setting the increased risks of serious problems, such as blood clots and breast cancer are small.

Peri-menopause — The Menopause Hub

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Recognising and understanding menopause | Menopause Doctor

Dr Sarah Ball, expert Diane Danzebrink & Dr Rebecca Lewis put HRT myths firmly in their place in this frank discussion covering HRT types, benefits and risks; when is the best time to start & finish HRT; & the evidence around historic scare stories.

Understanding Menopause - Harvard Health

There are many women out there who worry about weight gain being a side effect of taking HRT. However, several scientific studies show that there is no direct link between weight gain and the menopause itself. In fact, one of Dr Newson's patients, Tracey, had a very different experience when she began taking HRT. Here's what she has to say:

HRT - Initial Consultation. Understand HRT - Initial ...

Buy Understanding the Menopause and HRT (Family Doctor Series) 2nd New edition by MacGregor, Anne, Smith, Tony, Christie, Angela (ISBN: 9781898205838) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

Understanding The Menopause And Hrt

They usually came to me for advice but were often very scared about the thought of taking HRT as they have read such negative press about it, despite the NICE guidance on the menopause which was produced in November 2015. Giving HRT to menopausal women is really one of the most rewarding things I do as a doctor.

HRT: Benefits and risks | Women's Health Concern

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Busting myths around HRT [Video] - My Menopause Doctor

Counselling Explain indications for HRT. For women with premature (age <40 years) or early (<45 years) menopause, current guidelines recommend HRT for women without contra-indications, until the age of 51 years for the treatment of vasomotor symptoms, and bone and cardiovascular protection [6, 7].. Current indications for the use of HRT are:

Explaining Menopause, HRT and the Alternatives | Dr Louise ...

If you're concerned about the symptoms of menopause that you may experience, it's time to get educated. Below are frequently asked questions about menopause symptoms with answers from our experts. The first step in understanding menopause symptoms is learning what they are and how they might affect you.

Menopause FAQs: Understanding the Symptoms

Understanding the Menopause and HRT book. Read reviews from world's largest community for readers.

Understanding Menopause and HRT - Bray Women's Health Centre

HRT was first available in the 1940s but became more widely used in the 1960s, creating a revolution in the management of the menopause. HRT was prescribed commonly to menopausal women for the relief of their symptoms such as hot flushes, night sweats, sleep disturbances, psychological and genito-urinary problems - urinary frequency and vaginal dryness - and for the prevention of osteoporosis.

Understanding the Menopause and HRT by Anne MacGregor

The menopause is a natural part of ageing that usually occurs between 45 and 55 years of age, as a woman's oestrogen levels decline. In the UK, the average age for a woman to reach the menopause is 51. But around 1 in 100 women experience the menopause before 40 years of age. This is known as premature menopause or premature ovarian insufficiency.

Understanding the Menopause and HRT (Family Doctor Series ...

Explaining Menopause, HRT and the Alternatives [Video] In this comprehensive, hour long video, Dr Louise Newson gives a clear and detailed explanation of the menopause and the symptoms it causes, ... Newson Health works to improve women's and healthcare professionals' understanding of the menopause.

The menopause | Women's Health Concern

Update Covid-19 The Menopause Hub Our approach Our Team Menopause Symptoms Understanding the Menopause Hormone Loss and Symptoms Symptom Checker Bio-identical Hormones and HRT Replacing Your Hormones Types of hormone replacement Bio-identical HRT Menopause Myths Alternatives to HRT More alternatives Our Patient Reviews Menopause in the Workplace Some Facts and Figures In the news Menopause ...

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